

What is ITTS?

Implementing Transnational Telemedicine Solutions, or ITTS, is a European-funded project that uses international knowledge sharing to implement and assess various telemedicine projects in Scotland, Norway, Sweden, Finland, Ireland and Northern Ireland.

ITTS includes ten different telemedicine projects based around three areas:



- 1 Video-consultation**
Seeing a specialist via a video link to reduce travel and allow more frequent appointments.
- 2 Mobile self-management**
Using a mobile phone to monitor health conditions by daily symptom recording.
- 3 Home-based health services**
This covers various projects, such as joining rehabilitation classes from home and using home-based health measurement systems for daily care.

ITTS aims to:

- Improve access to health care, situating services in local communities or in patients' homes
- Encourage the use of helpful technology in everyday health care practice
- Promote knowledge sharing between countries to put previous experience and expertise in telemedicine to good use

Further Information



Lead Partner Organisation:

Centre for Rural Health
University of Aberdeen
Centre for Health Science
Old Perth Road
INVERNESS
Scotland
IV2 3JH

Tel: +44 (0)1463 255902

Email: itts@abdn.ac.uk

Website: www.transnational-telemedicine.eu

Facebook: www.facebook.com/ITTSPROJECT

Twitter: @itts_telemed



UNIVERSITY
OF ABERDEEN



Innovatively investing
in Europe's Northern
Periphery for a sustainable
and prosperous future



Video-Conferencing Links in Speech Therapy Services



Information for Patients

www.transnational-telemedicine.eu

Video Conferencing Links in Speech Therapy Services

Delivering health services to the remotest parts of the Scottish Highlands is a significant challenge. The Speech and Language Therapy service in the North Area of NHS Highland has been using Video Conferencing (VC) technology to deliver therapy for a couple of years with bases in Wick and Golspie.

Building on this success NHS Highland, in partnership with the ITTS project, will expand the use of VC to include other areas across Highland.

Patients living in remote and rural areas will benefit from increased access to therapy without the need to travel large distances. Patients will also be able to link to some specialist services not available locally.

The expansion in the use of this technology will also offer patients more flexibility in terms of appointment times fitting around work and school schedules.



Speech and Language Therapy being delivered in Thurso

WHAT ARE THE BENEFITS OF THIS NEW SERVICE?

reduced travel
more contact
Intensive therapy
specialist access
Reduced waiting times
Improved outcomes

WHY IS MY SERVICE INVOLVED?

Your service is using one of the ITTS telemedicine services and has signed up to the project to help us evaluate this new care option. NHS Highland has approved our patient data collection plans.

HOW CAN I GET INVOLVED?

We are collecting three types of data to evaluate the service

- 1 Questionnaire** asking about you and your experience with the service.
- 2 Clinic information** looking at how often you see the doctor or other health staff.
- 3 Interview** asking you about your experience, face-to-face.

We will then analyse all the data collected to find out whether this new telemedicine service is useful and cost-effective, and what patients think about it. This could help determine what future health care services are offered.

You do not have to take part in the evaluation if you do not want to and your medical care or legal rights will not be affected by your choice. There is no financial incentive offered.

WHO SHOULD I CONTACT WITH ANY QUESTIONS / COMMENTS / SUGGESTIONS?

BEATRICE WOOD
LEAD SPEECH AND LANGUAGE THERAPIST
LAWSON MEMORIAL HOSPITAL
GOLSPIE
SUTHERLAND
KW10 6SS

TEL: 01408 664071

Visit the project website for more information
www.transnational-telemedicine.eu